

“CHEERING SQUAD” RACE DAY REMINDERS

- Snacks
- Beverages
- Hat
- Sunscreen
- Sunglasses
- Umbrella
- Sweatshirt
- Folding chair or blanket
- Camera
- Cell phone
- Race number and swim wave of participant
- A plan to meet up with you at conclusion of the Race

A LOUD CHEERING VOICE!